



APPALACHIAN FOREST NATIONAL HERITAGE AREA

Project: Bath Beads

Did you know that pollinators are needed to create all kinds of the scents, butters and oils used in bath and body products? Lavender, vanilla, cocoa butter, cinnamon and almond all rely on insects for pollinators, just to name a few!

Materials:

- 1/2 cup of powdered milk
- 2 Tablespoons of powdered sugar or white flour
- 2 Tablespoons Borax powder
- 1/4 cup of Rose or orange water
- Essential oils
- Food coloring

Directions:

- Mix dry Ingredients in a bowl
- Pour in the rose/orange water a little at a time while stirring
- Add up to 10 drops essential oil
- Add food coloring dropwise while stirring until desired color is achieved
- Desired consistency is clay like, Add water slowly while stirring until it reaches this consistency
- Roll into teaspoon size balls
- Wash hands

Please note: This craft will take about 24 hours to dry

This craft with pictures can be found on [WIKIHOW](#)

For more fun pollinator activities visit our website; www.appalachianforestnha.org/kids